

Kilmore Swimming Club

2016 *Annual Report*

Kilmore
Swimming Club



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OUR PEOPLE

COMMITTEE

President	Warren Roberts
Vice President	Lynton Pyle
Secretary	Lisa Bess
	Sharon Rhodes
Treasurer	Jennifer Lonie
Head Coach	Jennifer Lonie
Competitions Coordination	Andrea Boland
Meet Director	Lynton Pyle
Property Officer	Claire Kelly
Fundraising	Steve Daws & Tim Finn
SV Delegates	Jennifer Lonie & Lynton Pyle
Media Officer	Lynton Pyle
Social Officer	Tim Page
Registrar	Lynton Pyle
Recorder	Noelene Pyle
General	Noleen Cornish
	Marisa Cardamone
	Claire James
	Lisa Bess

COACHES

Head Coach	Jennifer Lonie
Coach	Noelene Pyle
Coach	Lynton Pyle

CAPTAINS

Cassidy Page
Tamara Bess
Jay Finn

OFFICIALS

Derek Bess

It is with great pleasure that I present the annual report on behalf of the committee of Kilmore Swimming Club. The Club has enjoyed many successes over the year and I would like to congratulate all swimmers for their participation and achievements, but more so on how every swimmer has displayed exceptional sportsmanship not only to other swimmers in the Club but more broadly across the Victorian swimming community.

The swimming calendar became very busy by the end of the long course season with many of our swimmers competing almost every weekend.

A sincere thank you to the club captains for their leadership, encouragement shown towards our swimmers, their commitment to the Kilmore Swimming Club and attendance at events throughout the season.

The results from the pool talk for themselves, but behind the scenes the committee has worked hard to achieve a number of milestones.

The Club has been very fortunate to receive funding support through a number of grants. Firstly, receipt of two Athlete Travel Pathway grants (\$750 each) from the Victorian State Government which helped reduce the travel costs for our swimmers participating at the NT State Age and Open Championships; as well as providing financial support towards the travel costs for Ethan Dawes who attended various national championships which were held outside of Victoria. The grants also helped cover some of the travel expenses of our coaches.

Secondly, a significant longer term sponsorship opportunity was obtained from Kilmore & District Community Bank (\$2500). The sponsorship will enable the Club to purchase important resources to assist swimmers. The Club is extremely grateful for the support it receives through grants and sponsorship.

Recently the Club has developed an important relationship with the Kilmore Men's Shed who are going to build a storage unit for uniforms and equipment. The storage unit will be a valuable club asset.

The Club has reviewed its vision, mission and values and recently the committee ratified a five-year strategic plan. I would like to thank all members who participated in a number of workshops and provided feedback in supporting the Club to develop this important plan, with particular thanks to Sharon Rhodes for providing her wealth of knowledge and experience in helping to guide the development of the plan.

The Strategic Plan will help define and direct

the club until 2020. It is important that the Club, including the new Committee embrace this plan and focus on the implementation of the key targets and actions to help the club grow and prosper into the future.

During the year, valuable feedback was received from members through a member survey. I encourage the new committee to continue to draw upon the feedback in helping to enhance Kilmore Swimming Club achieve its Vision and Mission as well as upholding its Values.

I would now like to acknowledge and thank all members, parents/carers and families for their contributions and help throughout the season and without their help, swim events, fundraising, committee tasks and all those other jobs just wouldn't get done.

A special congratulation to Lisa Bess, on receiving Swimming Victoria's Volunteer of the Year award, for going beyond the call of duty in her role as district secretary. Also to our Head Coach, Jennifer Lonie, for Swimming Victoria Age Group Special Coaching Achievement Award; well done to both Lisa and Jennie, well deserved awards.

A big, big thank you to Tim Finn and Steve Daws for organising our successful fundraising BBQ's: Craigieburn Bunnings, at the Kilmore Swim Meet and this year we were also lucky to hold a BBQ at the Wallan Scout Market. These are important fundraisers to help sustain the operation of the club throughout the year and where possible contribute to reducing costs to our swimmers.

In closing, I would like to thank members of the committee who have helped, supported and provided input when/where necessary throughout the year. Most importantly, on behalf of all members of the Club, I would like to thank the coaches for their hard work, expertise and dedication to training our swimmers. We all appreciate the long hours, the time spent with our swimmers, the invaluable experiences and the genuine passion Lynton, Jennie and Noelene dedicate to the club and to the sport of swimming.

To the incoming committee I wish you all the best. From my experience over the last twelve months I strongly encourage a committee based on open, inclusive and transparent communication and decision making.

Warren Roberts
President

FINANCIAL SUMMARY

Season	2014/ 2015	2015 / 2016
Income		
Other Income	\$477.50	\$202.00
Training Fees	\$12,785.00	\$16,920.00
Membership Fees	\$991.50	\$1,800.00
Grant Income	\$0.00	\$4,023.55
Fundraising	\$5,602.38	\$3,989.40
Swim Meet	\$2,010.45	\$2,085.35
Swim Meet Entries	\$5,979.00	\$5,009.00
Swim Meet Sponsorship	\$0.00	\$150.00
Flights & Accommodation	\$0.00	\$10,593.81
Uniform	\$882.00	\$1,201.00
Total Income	\$28,727.83	\$45,824.11
Expenses		
Bank Fees	\$0.00	\$17.95
Accounting/Bookkeeping	\$220.00	\$239.60
Advertising & Marketing	\$0.00	\$0.00
Affiliation and Other Fees	\$334.60	\$254.40
Membership Fees	\$348.70	\$228.80
Trophies & Awards	\$1,021.94	\$934.84
Coaching Development	\$990.00	\$0.00
Coaching Fees	\$0.00	\$0.00
Coaching Insurance	\$630.00	\$690.00
Training Equipment	\$0.00	\$133.50
Other Equipment	\$79.00	\$323.95
Physiotherapy	\$320.00	\$520.00
Catering	\$94.43	\$1,696.28
Social Function	\$400.58	\$255.00
Pool Hire - Training	\$11,616.70	\$9,924.88
Pool Hire - Event	\$435.75	\$1,552.25
Room Hire - Training	\$0.00	\$1,120.60
Room Hire - Event	\$0.00	\$212.60
Meet Expenses	\$765.35	\$3,245.02
Meet Entries	\$600.00	\$350.00
Referees	\$340.00	\$340.00
Uniform	\$5,306.35	\$5,255.43
Printing	\$0.00	\$183.70
Internet	\$149.00	\$149.00
Computer	\$76.45	\$135.00
Swimmers Assistance	\$0.00	\$3,000.03
Flights & Transport	\$600.00	\$4,110.00
Accommodation	\$0.00	\$4,500.00
Donations	\$0.00	\$130.00
Fundraising Expenses	\$1,628.53	\$857.76
Postage	\$27.00	\$34.00
Staff Training	\$1,344.50	\$0.00
Vehicle Registration	\$54.00	\$55.50
General Repairs & Maintenance	\$0.00	\$207.90
Total Expenses	\$27,382.88	\$41,007.99
Net Profit/(Loss)	\$1,344.95	\$4,816.12

TREASURERS REPORT

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Over the past season the clubs finances have stayed fairly steady state finishing off the season with a ballance of \$21,905.05 in the bank. This figure is a little misleading as we received a \$4,811.51 from the Mitchell Shire for lane and pool hire after the books had closed bringing the true combine cost of training and event pool hire to \$16,288.64.

Over the past 12 months the club has continued to run fundraisers in the form of barbecues and of course our annual swim meet. This year we ran two Bunnings barbecues and a new barbecue (hopefully not a one off) at the Wallan Scout Market. The total profit from these barbecues was \$3,154.60, this is a great result for three days work and with so many people pitching in it was only a couple of hours for most. Our annual swim meet is always a great (very busy) day and is enjoyed by all of the visiting clubs. This year the meet brought in \$4,700.85 which is a little down on last year due to less entries, however this did bring the meet down to a more manageable size. After expenses we were left with a profit of \$2,264.03, this is also down on previous years mainly due to the purchase of new medals which took \$1,629.02 out of our profit. The medal have been budgeted against this year's meet although there is enough left over for at least the next two years.

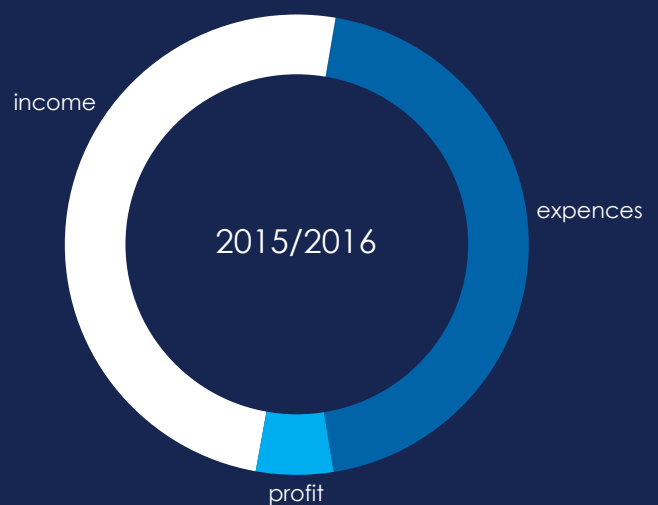
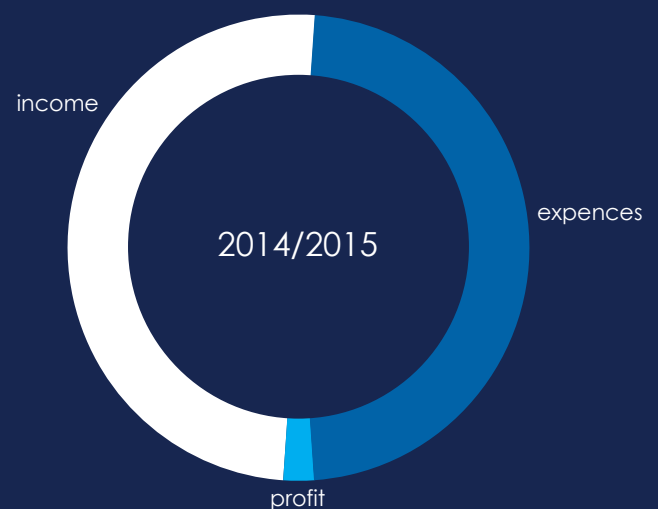
Training fees for swimmers have remained static over the last 12 months however with the club using more lanes and offering more official session's lane fees will need to raise. We brought in a total of \$16,920.00 in lane fees and we payed out \$14,736.39 to the Mitchell Shire. Lane hire is always our biggest outlay for the season with the predicted outlay this comming season expected to exceed \$20,000. A small rise in swimmers fees will be required.

This year we received two travel grants totalling \$1,500.00 which along with \$1,500.00 from the club assisted 11 team members in traveling to Darwin to attend the Northern Territory Open and Age Championships and one swimmer to attend Australian Age Championships in Adelaide. A further grant of \$2,500 was received from the Bendigo bank which will be put to use subsidising services for all swimmers in the upcoming season.

We finished the season off with a profit of \$4,816.12, however once we deduct the late invoice of \$4,811.51 we were left with \$4.61,

so pretty much breaking even. This is not all bad, the club is not in the business of making money, however the club does need to remain sustainable. If we can continue to balance our income with our outgoing whilst keeping a balance available for capital purchases when required, the club should continue to sustainably move forward.

Jennifer Lonie
Treasurer



COACHES REPORT

This season has seen an amazing team of swimmers work together and achieve some outstanding improvements and results. Not only in results at competition but also both input and understanding of training programs plus great enthusiasm and support for each other. All of these things combined result in more confidence and enjoyment of their chosen sport. As coaches we think ourselves fortunate to be able to coach a team that is of such a high standard, a team that has been showing us how well they set standards as in being leaders in the lanes (not position), upholding good sportsmanship, observing courtesy, mindfulness and encouragement for other team members, basically our code of conduct.

Before I go any further I must very importantly thank parents and committee for all your help throughout the season. The support you give (seemingly unconditionally) to coaches, Club, and first and foremost our team of swimmers is truly invaluable. You are an integral part of the team (the support team or if you like, the backup crew) without you all we could not be as successful as we are. Thank you, your efforts and input do not go unnoticed we are extremely fortunate and grateful to have you all on board.

Throughout the season we have as coaches endeavoured to update and improve our knowledge in both training and the rules of the sport of swimming. Lynton and myself continued with the silver coaching course we participated in May 2015, we studied long and hard ("in our spare time"), submitting our assignments in late October. After anxiously awaiting to hear results, finally receiving our passes in the theory component of the Silver level in coaching in December. The course itself has been invaluable as we gained a lot of knowledge and were also able to form alliances with a few quite high profile coaches whom have been more than happy to share their knowledge.

At the commencement of the season we welcomed nine new members whom all have been very valuable additions to our team and by far surpassed our expectations, these team members have all signed up for another year. We have managed to retain the majority of our members with only two not returning at this stage and also gained another three members within the last couple of months of the season. For the ensuing year we have already welcomed two new members and have another four whom have tried out and currently training in anticipation of joining within the next two months, also two members transferring across from Bendigo all ready to start the pennant

season.

Below is a list of swim meets coaches have attended also in which we have had Kilmore swimming club team representatives qualifying for and competing in:

Swim Victoria winter interclub relays MSAC (two flags)

Victorian Country Short Course Championships (Ballarat)

Seymour and Kilmore Spring Fling

Victorian Championships (MSAC)

Victorian Country Championships (Bendigo)

District Pennant Season

District Championships (Seymour)

District All Juniors (Seymour)

Country All Juniors Championships (MSAC)

Northern Territory Age and Open Championships (Darwin)

Australian Age Championships (Nationals) (Adelaide)

Various qualifying swim meets throughout short course and long course seasons

The pennant season saw us finish in third position, once again our girls took out the female pennant flag. We also held another successful Kilmore swim meet a great benefit to our swimmers and the financial side of the club. The swim meet always brings out the commitment of all of our swimmers and their families as everyone pulls up their sleeves and get on with the task at hand bringing about a great supportive family atmosphere within the club. (definitely another win win situation).

We look forwards to building and maintaining a strong and confident swim team, encouraging our athlete's enjoyment of their chosen sport, endeavouring to inspire individuals to set goals and strive to realise the best of their potential, to set both personal and team standards with all of us working together to drive the standard leading by example so as to maintain and provide a safe, nurturing, friendly, supportive family atmosphere for all Kilmore Swimming Club members.

Jennifer Lonie
Head Coach

MEET SUMMARY

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KILMORE ANNUAL SWIM MEET

Competitors

Female	89
Male	69
Total	158

Entries

Female	394
Male	312
Relay	37
Total	747

Clubs

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SPRING FLING

Session 1 Points	523
Session 2 Points	613
Final Position	First

SPRING FLING AWARDS

Senior Female	Alexandra Roberts
Senior Male	Patrick Kelly

DISTRICT CHAMPIONS

Age Group Champions

Female 16/Under
Female 17/Over
Female Open
Male 16/Under
Male 17/Over
Male Open

Junior District Champions

1st Junior Female
2nd Junior Male

Senior District Champions

1st Senior Female
2nd Senior Female
3rd Senior Female
1st Senior Male
2nd Senior Male

WINTER INTERCLUB 2015

'C' Grade

Wins	6
Losses	0
Draws	0
Premiership Points	24
Event Points	153
Final Position	'C' Grade Premiers

'G' Grade

Wins	6
Losses	0
Draws	0
Premiership Points	24
Event Points	171
Final Position	'G' Grade Premiers

DISTRICT CHAMPIONSHIPS

Championship Points	2,934
Relay Points	506
Final Position	First

Alexandra Roberts
Olivia Boland
Tamara Bess
Patrick Kelly
Jay Finn
Dylan Cornish

Alexandra Roberts
Patrick Kelly

Tamara Bess
Olivia Boland
Madelein Rhodes
Dylan Cornish
Lynton Pyle

CHAMPIONSHIP SUMMARY

WINTER INTERCLUB

Kilmore Navy ('C' Grade)

Alexandra Roberts
Madeleine Rhodes
Tamara Bess
James Boland
Dylan Cornish
Ethan Daws
Nicholas Langdon

Kilmore Royal ('G' Grade)

Karla Page
Teagan Finn
Olivia Boland
Patrick Kelly
James Cardamone
Nathan James
Lynton Pyle

VICTORIAN COUNTRY SC CHAMPIONSHIPS

Alexandra Roberts
Madeleine Rhodes
Tamara Bess
Dylan Cornish
Jay Finn
Nicholas Langdon
Lynton Pyle

VICTORIAN AGE SC CHAMPIONSHIPS

Alexandra Roberts
Dylan Cornish

VICTORIAN SC CHAMPIONSHIPS

Ethan Daws

AUSTRALIAN SC CHAMPIONSHIPS

Ethan Daws

VICTORIAN COUNTRY CHAMPIONSHIPS

Emilie Cardamone
Alexandra Roberts
Tamara Bess
Olivia Boland
Patrick Kelly
Dylan Cornish
Ethan Daws

VICTORIAN CHAMPIONSHIPS

Ethan Daws

VICTORIAN SPRINT CHAMPIONSHIPS

Emilie Cardamone
Alexandra Roberts
Madeleine Rhodes
Tamara Bess
Dylan Cornish

NT OPEN AND AGE CHAMPIONSHIPS

Emilie Cardamone
Karla Page
Alexandra Roberts
Madeleine Rhodes
Tamara Bess
Patrick Kelly
James Cardamone
Nathan James

COUNTRY ALL JUNIOR CHAMPIONSHIPS

Taylah Woolley
Alana Cardamone
Tara Roberts
Niamh Ireland
Alesha McIntosh
Emilie Cardamone
Ellamay Smith
Alexandra Roberts
Claudia Snowden
Xavier Kelly
Rhys Mortlock
Patrick Kelly

AUSTRALIAN AGE CHAMPIONSHIPS

Ethan Daws

PENNANT SUMMARY

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PENNANTS

Kilmore

Female	114.5
Male	92
Relay	139
Total	345.5

Seymour Indoor

Female	90
Male	111
Relay	126
Total	327

Alexandra (not held)

Female	0
Male	0
Relay	0
Total	0

Mansfield

Female	113
Male	103
Relay	133
Total	349

Yea

Female	100
Male	75
Relay	127
Total	302

Seymour Outdoor

Female	104
Male	102
Relay	120
Total	326

Season Points Total

Female	521.5
Male	483
Relay	645
Overall	1649.5

Final Position

Female	First
Male	Third
Relay	Third
Overall	Second



AWARDS

CLUB CHAMPIONSHIPS

FEMALE AGE GROUP CHAMPIONS

10 yrs	Piper Ladewig
11 yrs	Tara Roberts
12 yrs	Niamh Iredand
13 yrs	Emilie Cardamone
14 yrs	Alexandra Roberts
16 yrs	Madeleine Rhodes
17/Over	Tamara Bess

MALE AGE GROUP CHAMPIONS

10 yrs	Xavier Kelly
11 yrs	Travis Bess
14 yrs	Patrick Kelly
15 yrs	James Cardamone
17/Over	Dylan Cornish

JUNIOR CLUB CHAMPIONS

Alexandra Roberts
Patrick Kelly

SENIOR CLUB CHAMPIONS

Madeleine Rhodes
Dylan Cornish

CLUB RECORDS

Alexandra Roberts	
14 yrs 100 Butterfly	1:15.17
14 yrs 100 Freestyle	1:08.33
14 yrs 100 IM	1:17.37
Madeleine Rhodes	
16yrs 100 Breaststroke	1:27.22
16yrs 100 Freestyle	1:06.41
Tamara Bess	
17/Over 100 Backstroke	1:16.37

NATIONAL RECORDS

Ethan Daws	
S16 50 Freestyle	30.92
S16 100 Freestyle	1:09.99
S16 50 Breaststroke	42.81
S16 50 Butterfly	35.88

PERPETUAL AWARDS

MOST IMPROVED BUTTERFLY

Travis Bess	9.72 secs
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MOST IMPROVED BACKSTROKE

Madeleine Rhodes	9.38 secs
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MOST IMPROVED FREESTYLE

James Cardamone	10.61 secs
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DOLPHIN

Lucy Beaton
Declan Ford

BARTLETT

Alana Cardamone

CARTWRIGHT FAMILY BREASTSTROKE

Emilie Cardamone

BRUCE FAMILY BREASTSTROKE

Patrick Kelly

COACHES

Alexandra Roberts
Patrick Kelly

PENNANT

Ellamay Smith
Karla Page
Cassidy Page
Lachlan Murphy
Rhys Mortlock
Nathan James

PROFICIENCY

Bar to Gold
Dylan Cornish
Gold
Madeleine Rhodes
Silver Star
Patrick Kelly
Bronze Star
Niamh Ireland
Emilie Cardamone
Teagan Finn
James Cardamone
Nathan James

