

Kilmore
Swimming Club



**ANNUAL
REPORT
2014-2015**

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OUR PEOPLE

COMMITTEE

President	Lynton Pyle
Vice President	Warren Roberts
Secretary	Sharon Rhodes & Claire Kelly
Treasurer	Jennifer Lonie
Head Coach	Jennifer Lonie
Competitions Coordination	Sharon Rhodes
Meet Director	Lynton Pyle
Property Officer	Tim Finn
Fundraising	Vacant
SV Delegates	Jennifer Lonie & Lynton Pyle
Media Officer	Claire Kelly
Social Officer	Vacant
Registrar	Lynton Pyle
Recorder	Noelene Pyle
General	Steve Daws

COACHES

Head Coach	Jennifer Lonie
Coach	Noelene Pyle
Coach	Lynton Pyle

CAPTAINS

Cassidy Page
Dylan Mills

THE PAST SEASON HAS SEEN SOME GREAT ACHIEVEMENTS FOR THE CLUB, RANGING FROM RUNNERS UP IN THE SV WINTER INTERCLUB COMPETITION TO MEDALLING AT THE AUSTRALIAN AGE CHAMPIONSHIPS.

The club has continued to move forward over the past 12 months and we have had some great achievements both in and out of the pool. We have run three very successful Bunnings barbecues, the two on our Pennant weekends were challenging however we got through and the club is better off for it. The number of entries at our annual swim meet was up on the previous year which is a good indication our meet is being well received by the swimming community. Despite the concourse works the event ran very smoothly and was well received by visiting clubs.

We did not receive any grant funding in the past 12 months, mainly due to grants not meeting the needs of the club or the club being ineligible after receiving them the previous year. Overall the clubs finances are in a comfortable position mainly due to income from the above events and sound decisions made by the committee.

Swimmer numbers have not substantially increased over the past 12 months. The continuation of the non-competitive squad was no longer viable for the club as it was not achieving its objective of moving swimmers to the competitive stream. The introduction of the rule to allow non-competitive swimmers to swim pennants did not increase participation either. Therefore the committee decided that as at the 30th June 2015 the non-competitive squad would be disbanded and replaced by the Introduction squad.

Attendance at championship meets has increased over the past season with good sized teams attending, Country SC Championships, Country Championships, Victorian Sprint Championships and Country All Junior Championships. This is great for the individual swimmers and great for the club to be represented by so many swimmers at these high profile meets.

Alexandra Roberts and Ethan Daws both achieved podium finishes at Country All Junior Championships and Australian Age Championships respectively. Again this is great for the individual swimmers whilst at the same time lifting the profile of the club in the swimming

community. Hopefully their efforts will inspire our younger swimmers to aim high and reach their goals.

The introduction of the Spring Fling in conjunction with the Seymour Swimming Club was a great initiative, a good lead into the pennant season and proved popular with both clubs.

We have created and implemented a new website which has been well received by the club and the wider community. Our Google+ page has been a bit hit and miss however, I don't want to write it off just yet, we need to increase traffic through posting more regularly over the next 12 months.

Members have embraced the re-branding and implementation of our new uniform, it's great to see so many members wearing it so often. Comments on our uniform from other club confirms that we are on the right track with our designs.

Sending two of the coaches to the national ASCTA conference to undertake their Silver accreditation course late in the season seems to be paying off so far. The coaches have come back very enthusiastic with a new take on programming that has seen the swimmers performance improve; a great result for the club.

A project we took on at the start of this year was to develop a five year strategic plan to further cement the club as a self sustaining entity. Implementation of the plan will hopefully see increased community awareness of our club which will attract more members and see our club prosper into the future. At this stage we have only achieved a draft version of the plan which the incoming committee will need to ratify.

I would like to acknowledge my fellow committee members; Warren Roberts, Sharon Rhodes, Claire Kelly, Jennifer Lonie, Steve Daws, Lisa Bess and Tim Finn for their valued service and commitment to the Kilmore Swimming Club.

Finally I would like to thank all of our swimmer, their families, our coaches and volunteers for their valuable contribution in helping us achieving these outcomes.

Lynton Pyle
President
Kilmore Swimming Club

FINANCIAL SUMMARY

Season	2013 / 2014	2014/ 2015
Income		
Other Income	\$270.00	\$477.50
Training Fees	\$14,586.79	\$12,785.00
Membership Fees	\$1,004.84	\$991.50
Grant Income	\$8,960.00	\$0.00
Fundraising	\$3,545.20	\$5,602.38
Swim Meet	\$3,658.40	\$2,010.45
Swim Meet Entries	\$7,142.08	\$5,979.00
Swim Meet Sponsorship	\$150.00	\$0.00
Flights & Accommodation	\$7,834.60	\$0.00
Uniform	\$2,880.99	\$882.00
Total Income	\$50,032.90	\$28,727.83
Expenses		
Bank Fees	\$0.00	\$0.00
Accounting/Bookkeeping	\$220.00	\$220.00
Advertising & Marketing	\$157.96	\$0.00
Affiliation and Other Fees	\$510.10	\$334.60
Membership Fees	\$0.00	\$348.70
Trophies & Awards	\$1,646.09	\$1,021.94
Coaching Development	\$0.00	\$990.00
Coaching Fees	\$0.00	\$0.00
Coaching Insurance	\$930.00	\$630.00
Training Equipment	\$2,882.72	\$0.00
Other Equipment	\$2,723.50	\$79.00
Physiotherapy	\$0.00	\$320.00
Catering	\$1,328.15	\$94.43
Social Function	\$270.00	\$400.58
Pool Hire - Training	\$8,149.50	\$11,616.70
Pool Hire - Event	\$424.20	\$435.75
Meet Expenses	\$1,504.39	\$765.35
Meet Entries	\$1,170.00	\$600.00
Referees	\$300.00	\$340.00
Uniform	\$2,392.80	\$5,306.35
Printing	\$167.00	\$0.00
Internet	\$149.00	\$149.00
Computer	\$0.00	\$76.45
Swimmers Assistance	\$7,708.40	\$0.00
Flights & Transport	\$3,801.41	\$600.00
Accommodation	\$3,475.00	\$0.00
Donations	\$86.40	\$0.00
Fundraising Expenses	\$621.83	\$1,628.53
Postage	\$25.00	\$27.00
Staff Training	\$0.00	\$1,344.50
Vehicle Registration	\$0.00	\$54.00
Total Expenses	\$40,643.45	\$27,382.88
Net Profit/(Loss)	\$9,389.45	\$1,344.95

TREASURERS REPORT

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OVER THE PAST SEASON OUR BALANCE HAS STAYED FAIRLY STEADY, I PUT THIS DOWN TO ROBUST FINANCIAL MANAGEMENT AND DECISION MAKING BY OUR COMMITTEE. THE OUTGOING FINANCES HAVE BEEN EXPENDED TO BENEFIT ALL CLUB MEMBERS.

Starting the 2014/2015 season our financial position was looking very strong, we had a balance of \$18,616.92 in the bank with no outstanding commitments. There were no incoming funds from grants this season due to the mix of grants available not meeting the clubs needs and being ineligible for others as we had received them the previous year.

The clubs major purchases for the year were new polos and hoodies for the team amounting to \$5,306.35. With the continuation of the \$30 uniform subsidy from the club for competitive swimmer, we had a return of \$882.00 however there is ample uniform in stock which should see us through the coming season.

Income from lane fees was \$12,785.00 this season with \$11,616.70 of this paid back to the Mitchell Shire in pool hire for training. The increase in swimmers for the coming season should see the income from lane fees rise, however the outgoings for lane hire will also rise as we have increased the number of lanes we are hiring. The Mitchell Shire increased the lane hire price on the 1st of August 2015, taking this into account a small weekly rise in our lane fees may need to be implemented by the incoming committee.

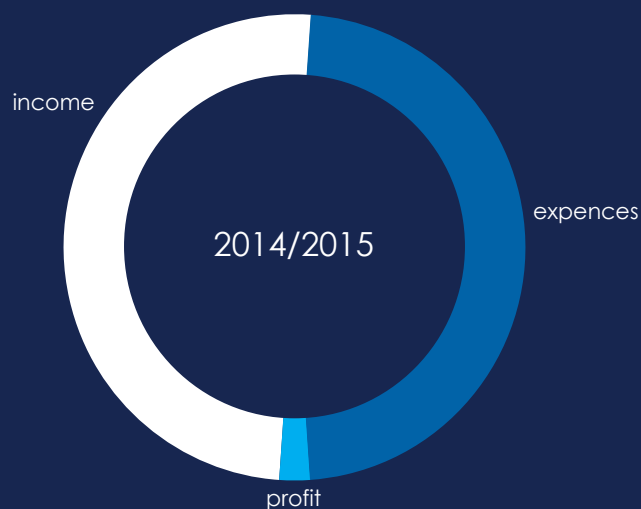
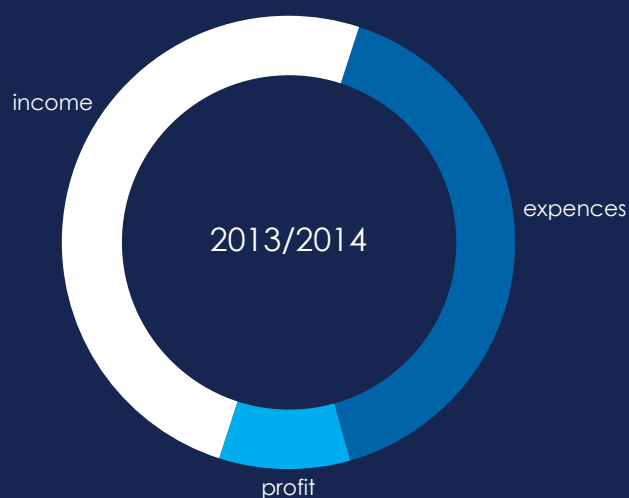
We have run three Bunnings barbecues, our Annual Swim Meet, the Kilmore Pennant and the Spring Fling over the past season. The Bunnings barbecues brought in a profit of \$3,044.88, a great result for three days work. The Annual Swim Meet brought in around \$3,820.97 in profit (have not received final accounts from Mitchell Shire) and our Pennant brought in \$264.75, both good profits for the work we put in. The inaugural Spring Fling made a loss of \$151.00, this was the expected outcome going into the event as it was aimed at race simulation and team building in the lead up to the Pennant season.

Overall the clubs finances are in a good position. The profit from the past season was \$1,344.95 which show that our income is going back into the club to improve equipment, uniform, facilities and activities for the members. The subsidised visits to Physiohealth for swim

screening and the tour of the Victorian Institute of Sport are two activities I believe the club should continue in the future. The coaches are looking into an annual visit by a nutritionist and a sports psychologist to further assist the swimmers in their endeavours, this is money well spent on preparing our swimmer for their chosen sport and hopefully setting a good foundation for the rest of their lives.

In conclusion I believe the Kilmore Swimming Clubs finances are in a very positive position. We have enough money in the bank to run our current programs and should look at the possibility of expanding them over the next few seasons.

Jennifer Lonie
Treasurer
Kilmore Swimming Club



COACHES REPORT

WE ARE VERY PROUD OF OUR SWIMMER PERFORMANCE BOTH IN AND OUT OF THE POOL OVER THE PAST SEASON, THEIR CONDUCT AND RESPECT THEY SHOW FOR EACH OTHER IS EXEMPLARY.

I am starting this report with a very important thank you to everyone on our swim team, swimmers, parents, committee members, also any extended family members/friends whom contributed and supported our club in any way at all. The generosity of your time does not go unnoticed, is very much appreciated, and creates a great family atmosphere in keeping with the culture of our club.

Throughout this season once again the focus was on;

- Retention of members;

- Education of swimmers regarding their programs, health and wellbeing;

- Writing and planning programs that are more personalised to better reflect motivation and goals of our swimmers;

- Increasing membership whilst still offering a productive, quality program; and

- Improvements in communication.

We have worked some long and hard hours in all these areas throughout the year. On the off chance of sounding a bit presumptuous I do feel we as coaches have improved. We have noticed an increase in communication between ourselves and the swimmers mainly regarding feedback and input right across the age groups regarding goals and interest in programming. Our team, particularly the seniors are starting to take ownership of and gaining an understanding of the content of their programs. Once again over the ensuing year we will working on improvements across all areas above.

As always throughout the season our swimmers have made us very proud showing great sportsmanship, camaraderie, team spirit and kind regard for both our own team and others in winning or defeat, in keeping with both the culture and standards promoted by the Kilmore Swimming club.

As coaches we always endeavour to maintain and improve our knowledge and skills enabling us to maintain an ongoing high quality and standard of coaching.

Throughout the past year we have attended the very best Gold Coast ASCTA conference participating in the silver coaching stream which has allowed us to establish a great network of highly qualified mentor coaches, physio and

nutritionist, whom we consider a valuable extensions to our team.

Just to mention a few of the swim meets through the year

- Winter Interclub (Winter Relays)

- Victorian Country SC Championships

- Victorian State Championships

- Victorian Sprint Championships

- Victorian Country Championships

- District Pennant Season

- Interdistrict Championships

- District All Juniors

- Country All Junior Championships

- Australian Age Championships

- Various swim meets throughout the state and interstate

Our pennant season saw us finishing in third position, the difference this year was we took the female pennant flag. Looking ahead this year hoping to move up the ladder and fill the gaps with our younger swimmers (hopefully winning another flag along the way ;-)

This year saw us with an extremely successful Kilmore swim meet, once again for both our swimmers and the financial side of the club. Due to the astounding amount of entries for the first time ever we had to close entries early. Fantastic work and amazing team effort in the organisation by the committee, swimmers, parents and extended families, not to mention the high caliber of the Swimming Victoria and local referees whom keep the show on the road, moving and legal.

Very exciting we had a swimmer qualify, enter, compete and win silver at Australian Age Championships held at Sydney Olympic Park Aquatic Centre, an amazing effort from Ethan Dawes.

There is so much more I could talk about, mainly lots of individual accomplishments. It's not always necessarily about the winning of medals that our swimmers have achieved, it's also about the personal goals the swimmer set and achieve; I could be here for a very long time if there was more paper.

The standard of our swimmers both in achievement, sportsmanship and camaraderie makes coaching all of the team something to look forward to.

Jennifer Lonie
Head Coach
Kilmore Swimming Club

MEET SUMMARY

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KILMORE ANNUAL SWIM MEET

Competitors

Female	89
Male	69
Total	158

Entries

Female	399
Male	312
Relay	35
Total	746

Clubs

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WINTER INTERCLUB 2014

Wins	3
Losses	1
Draws	2
Premiership Points	16
Event Points	24
Final Position	Runners Up 'D' Grade

SPRING FLING

Session 1 Points	1380
Session 2 Points	1584
Final Position	2nd

DISTRICT CHAMPIONSHIPS

Championship Points	2,122
Relay Points	372
Final Position	3rd

DISTRICT CHAMPIONS

Age Group Champions

Female 14/Under
Female 16/Under
Female Open
Male 14/Under
Male 16/Under
Male Open

Alexandra Roberts
Tamara Bess
Tamara Bess
Patrick Kelly
James Boland
Dylan Cornish

Junior District Champions

3rd Junior Female
2nd Junior Male

Alexandra Roberts
Patrick Kelly

Senior District Champions

1st Senior Female
2nd Senior Female
1st Senior Male
3rd Senior Male

Tamara Bess
Madeleine Rhodes
Dylan Cornish & James Boland
Jay Finn

PENNANTS

Kilmore

Female	92
Male	107
Relay	108
Total	307

Seymour Indoor

Female	91
Male	62
Relay	106
Total	259

Alexandra

Not Held

Mansfield

Not Held

Yea

Female	95
Male	81
Relay	85
Total	261

Seymour Outdoor

Female	112
Male	82
Relay	111
Total	305

Final Positions

Female	1st
Male	3rd
Relay	4th
Overall	3rd

CHAMPIONSHIP SUMMARY

WINTER INTERCLUB

Madeleine Rhodes
Bronwyn Mills
Tamara Bess
Cassidy Page
James Boland
Dylan Cornish
Ethan Daws

VICTORIAN COUNTRY SC CHAMPIONSHIPS

Tamara Bess
Alexandra Roberts
Madeleine Rhodes
James Boland
Dylan Cornish

VICTORIAN AGE CHAMPIONSHIPS

Alexandra Roberts
Dylan Cornish

AUSTRALIAN AGE CHAMPIONSHIPS

Ethan Daws

VICTORIAN COUNTRY CHAMPIONSHIPS

Alexandra Roberts
Alesha McIntosh
Tamara Bess
Madeleine Rhodes
James Boland
Dylan Cornish
Lynton Pyle

VICTORIAN SPRINT CHAMPIONSHIPS

Alexandra Roberts
Madeleine Rhodes
James Boland
Dylan Cornish
Lynton Pyle

COUNTRY ALL JUNIOR CHAMPIONSHIPS

Niamh Ireland
Emilie Cardamone
Karla Page
Alexandra Roberts
Xavier Kelly
Patrick Kelly
James Cardamone



CLUB CHAMPIONSHIPS

FEMALE AGE GROUP CHAMPIONS

11 yrs	Alesha McIntosh
12 yrs	Emilie Cardamone
13 yrs	Alexandra Roberts
14 yrs	Teagan Finn
15 yrs	Madeleine Rhodes
16 yrs	Tamara Bess

MALE AGE GROUP CHAMPIONS

9 yrs	Xavier Kelly
10 yrs	Travis Bess
13 yrs	Patrick Kelly
14 yrs	James Cardamone
16 yrs	James Boland
17/Over	Jay Finn

JUNIOR CLUB CHAMPIONS

Alexandra Roberts
Patrick Kelly

SENIOR CLUB CHAMPIONS

Madeleine Rhodes
Jay Finn

PENNANT AWARDS

Cassidy Page
Bronwyn Mills
Nathan James

CLUB RECORDS

Alexandra Roberts	
13 yrs 100 Butterfly	1:15.17
13 yrs 100 Freestyle	1:08.33

PERPETUAL AWARDS

MOST IMPROVED BUTTERFLY

Karla Page	21.47 secs
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MOST IMPROVED BACKSTROKE

Travis Bess	8.87 secs
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MOST IMPROVED FREESTYLE

Karla Page	9.62 secs
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DOLPHIN

Alanah Cardamone

BARTLETT

Niamh Ireland

CARTWRIGHT FAMILY BREASTSTROKE

Emilie Cardamone

BRUCE FAMILY BREASTSTROKE

Patrick Kelly

COACHES

Dylan Cornish

PENNANT

Cassidy Page
Bronwyn Mills
Nathan James

DISTRICT RECORDS

Alexandra Roberts	
12/U 100 Butterfly	1:16.84
14/U 100 Butterfly	1:19.00
Madeleine Rhodes	
Open 100 Freestyle	1:08.11
Ethan Dawes	
MC 50 Freestyle	36.16
MC 50 Breaststroke	54.98
Nicholas Langdon	
Open 100 Freestyle	59.47

