

Kilmore Swimming Club Inc.
P.O. Box 345, Kilmore, Victoria 3764
www.kilmoreswimmingclub.org.au
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Expression of Interest – Club Captain

Kilmore Swimming Club is seeking expressions of interest from members of the competitive squad for the position of Club Captain.

On an annual basis, Kilmore Swimming Club looks to appoint a Club Captain who displays leadership qualities and who demonstrates the following behaviours:

- Displays respect for coaches, swimmers, club members and the wider swimming community.
- Shows commitment to honest effort and strives for improving performance.
- Works hard for the club, team and self.
- Demonstrates pride in Kilmore Swimming Club.
- Acts as a good role model for other swimmers; applauds good performance and effort from all individuals and teams regardless of the outcome.
- Upholds and demonstrates the principles of fairness, respect, responsibility and safety.
- Fosters friendship, integrity, success, trust, enjoyment, equality, loyalty, opportunity and compassion.

Role and responsibilities of the Club Captain

The role of the Club Captain is to provide an important connection between the Committee of the Kilmore Swimming Club and its swimmers. In undertaking the role, the Club Captain will have the following responsibilities:

- Provide support and encouragement to swimming members.
- Undertake representative duties as requested e.g. assisting new swimmers with marshalling.
- Develop a rapport with other swimmers within the club which enables the swimmers to communicate concerns and raise issues.
- Meet and welcome new members.
- Support Club fundraising activities.
- Contribute to the Club's newsletter.
- Where requested and available, attend committee meetings to raise issues and provide feedback to the committee as a representative of the swimmers of the club.

Club Captain Selection Criteria

The Club Captain will hold current Swimming Victoria & Kilmore Swimming Club memberships and be aged 15 years or over. They will be appointed to the position based on their ability to demonstrate the following behaviours:

1. Ability to liaise with and take directions from coaching staff.
2. Commitment to be involved in and attend at least 80 percent of training sessions, particularly those when most of the club swimmers are present (Tuesday and Thursday nights).
3. Regular attendance at Club meets.
4. Demonstrate the potential for excellent leadership skills, the ability to develop a rapport with swimmers and to lead by example.
5. Ability to communicate with other swimmers, encourage good conduct and sportsmanship and to acknowledge all swimming achievements.

The Club Captain, along with all Club members, is bound by the SAL Code of Conduct and is expected to abide by these rules at all times.

Club Captain Application Form

Name: _____

Contact phone number: _____

1. Do you currently hold current Swimming Victoria & Kilmore Swimming Club memberships and are a member of the senior competitive squad? Please tick the appropriate answer

Yes

No

2. On average, how many training sessions do you attend a week?

3. Which night do you most often train?

Monday

Tuesday

Thursday

All

4. Please place a tick in the box for the meets you have attended in the past two years:

Kilmore Annual Swim Meet

Club Championships

Geelong Open Carnival

Pennant series

District Championships

Others – please list

5. How would you demonstrate leadership as a Club Captain in our club?

6. How do you think you could contribute to communication between swimmers, coaches and committee members?

7. How have you found it beneficial to take direction from coaching staff in the past?

8. Please outline why you are interested in the role of Club Captain?

9. Please outline why you believe you should be appointed to the position of Club Captain?

Please feel free to add further information or comment in support of your application for the position of Club Captain.

Thank you for your interest in the position.

Good Luck

Kilmore Swimming Club
Coaches and Committee