



Club Captain

The Club Captain of Kilmore Swimming Club provides an important connection between the Kilmore Swimming Club Committee and the swimmers. The Club Captain contributes to the development of the club through supporting club swimmers and through representing their views within the club to the Committee.

Kilmore Swimming Club seeks to appoint a Club Captain who will uphold the values of the Club and support the Club in achieving its mission: To assist swimmers in achieving their goals in a healthy, safe and supportive environment.

- On an annual basis, Kilmore Swimming Club will look to appoint a Club Captain who displays leadership qualities and who demonstrates the following behaviours: Displays respect for coaches, swimmers, club members and the wider swimming community.
- Shows commitment to honest effort and strives for improving performance.
- Works hard for the club, team and self.
- Demonstrates pride in Kilmore Swimming Club.
- Acts as a good role model for other swimmers; applauds good performance and effort from all individuals and teams regardless of the outcome.
- Upholds and demonstrates the principles of fairness, respect, responsibility and safety.
- Fosters friendship, integrity, success, trust, enjoyment, equality, loyalty, opportunity and compassion.

The Committee of Kilmore Swimming Club will call for nominations from its registered swimmers in March. Interested swimmers will be asked to complete the Expression of Interest Form where they will outline how they meet the selection criteria. In addition, applicants will explain their interest in the position and how they will be able to fulfil the role of Club Captain. A selection panel consisting of the senior coaching staff and a representative from the committee will review all applications for suitability to the position. Applicants deemed suitable against the selection criteria will be invited to participate in a short face-to-face interview which will assist in the selection process. The selection panel will then consider the responses from the short-listed candidates and make a recommendation to the Committee for appointment. The Committee will approve the appointment and feedback will be provided to swimmers that are unsuccessful and they will be encouraged to reapply in the future. The successful swimmer(s) will be personally notified and will be asked to accept the appointment before it is announced at the Club presentation night in May. The appointment will be for a full 12 months from the date of appointment.

Whilst ideally both a female and male Club Captain would be appointed it could also be that in some years, two captains of the same sex may best fulfil the needs of the club. Alternatively the Committee may decide to only appoint one Club Captain in any given season.

Role and responsibilities of the Club Captain

The role of Club Captain is to provide an important connection between the Committee of Kilmore Swimming Club and its swimmers. Club Captain will have the following responsibilities:

- Provide support and encouragement to swimming members.
- Undertake representative duties as requested e.g. assisting new swimmers with marshalling.
- Develop a rapport with other swimmers within the club which enables the swimmers to communicate concerns and raise issues.
- Meet and welcome new members.
- Support Club fundraising activities.
- Contribute to the Club's newsletter.
- Represent the swimmers of the Club at committee meetings when necessary, to raise issues and provide feedback to the committee as a representative of the swimmers of the club.

Club Captain Selection Criteria

The Club Captain will hold current Swimming Victoria & Kilmore Swimming Club memberships and be aged 15 years or over. They will be appointed to the position based on their ability to demonstrate the following behaviours:

1. Ability to liaise with and take directions from coaching staff.
2. Commitment to be involved in and attend at least 80 percent of training sessions, particularly those when most of the club swimmers are present (Tuesday and Thursday nights).
3. Regular attendance at Club meets.
4. Demonstrate the potential for excellent leadership skills, the ability to develop a rapport with swimmers and to lead by example.
5. Ability to communicate with other swimmers, encourage good conduct and sportsmanship and to acknowledge all swimming achievements.

The Club Captain, along with all Club members, is bound by the SAL Code of Conduct and is expected to abide by these rules at all times.