

Kouta News

Kilmore Swimming Club newsletter



March 2013

District Championships 2013

District Championships were held on Saturday 2 February 2013 at the Seymour outdoor pool. There were a few weather concerns initially, but it turned out to be quite a nice day.

With only three of the District clubs competing on the day we were short on hands to help, so thank you to all of the parents that helped out with timekeeping, marshalling, starting and compiling. Your help does not go unnoticed and is very much appreciated, thank you.

All of the swimmers swam very well on the day (even if the pool was cold and full of duck poo). Most of them came away with quite a few medals or ribbons. Coach Jenni Lonie said, "It was really good to see the swimmers pushing themselves especially in strokes that they would not normally enter." Jenni was very happy with the performances of all swimmers on the day. For a small team we did very well!

Kilmore finished third in the overall points score, but took the trifecta in the Male Senior champion with Lynton, Jay and Dylan M placing 1st, 2nd & 3rd respectively. Jordyn won 2nd Female Senior Champion; Jay won the 15/U age group, Lynton won 17/Over & Open age groups and Ethan won the Multiclass.

Most of the Kilmore swimmers who competed in District Championships were selected to represent the District at the 2013 Country Interdistrict Championships held at MSAC on 23 February 2013.



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Captain Dylan Mills

After the monthly meeting on Friday 1 February it was decided by the Committee that Dylan Mills will undertake the role of Captain of the Kilmore Swimming Club.

Dylan is a great swimmer and excellent team member. He shows encouragement to the other swimmers, always puts in 100% in his racing and attends all the club meets and functions he can.

If you see Dylan around the club please congratulate him on his new role.



All Juniors

Well done to all the swimmers who competed at the All Juniors heats on Sunday 10 February 2013. There were a few PBs on the day and almost everyone made it through to the semi-finals at MSAC on 23 of March 2013. This is a big improvement on last year's All Juniors where we only had a handful of swimmers attend. It shows the level of commitment of our junior swimmers. There is a good chance some of you could make finals, so keep up the training as it could be you.

Darwin

You may or may not have heard that we are sending a small team to compete in the Northern Territory Open & Age Championships held in Darwin from 7 to 10 March 2013. The team will be made up of Dylan Mills, Jay, Andrew & Lynton, with Jennifer as coach, Shirley as team manager and Bronwyn just along for the ride. This is the first time we have organised a trip like this so we are only sending a small team of the older swimmers to see how it goes. All going well we will look at the possibility of making a trip away an annual or biannual event.

Upcoming Events

DATE	EVENT	VENUE
March 10	Proficiency	Seymour Indoor Pool
March 16	Kilmore Swimming Club Championships	Kilmore Pool
March 23	All Juniors Semi-Finals	MSAC
March 24	All Juniors Finals	MSAC

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Ethan Daws

Ethan Daws joined the Kilmore Swimming Club about 6 weeks before Christmas.

Ethan is a multiclass swimmer and has joined the club in the hope of making it to the 2013 World Transplant Games in South Africa.

Ethan came to us after attending the Australian Transplant Games in October. He competed in a few different sports at the games but decided the swimming was the best (as we all know!).

Ethan has made terrific progress in the time that he has been with the club and considering he has had his new kidney for less than 12 months, it is a very good effort.

About two weeks before Christmas Ethan approached the coaches about entering the Victorian State Championships. The coaches were happy for him to enter although Ethan needed an official time to enter, so we entered him in the 'Road Trip to Kardinia' meet held on the 29 December 2012.

Ethan had entered in two 50m freestyles and the 50m breast. In his first 50m freestyle he swam a time of 46.15, then in his second 50m freestyle he swam a 44.83. This was a big improvement on 49.71 at the Transplant Games in October.

So now that Ethan had a time it was off to states. The Victorian State Championships we held on 11-13 January 2013. Ethan turned up on the 13th for his swim very relaxed but ready to race – until he saw the venue and the competition and realised that for a lot of the other swimmers this was a serious meet.

Jennie & Lynton took Ethan to warm up in the indoor pool then Lynton showed Ethan to the marshalling room where they ran into former Kilmore swimmer Ahmed Kelly. Ahmed chatted with Ethan and Lynton until his race which relaxed Ethan and got him in the mood to race.

Ethan swam a time of 41.74 taking another 3 seconds off his time – only .52 off the National Age Championships qualifying time!

"Ethan has set himself a goal and he is quite determined to achieve it," said Jennie "It's great to see him improving each time he competes. We don't like to make promises, but if he keeps it up I'm confident we can get him there'.

Jennie & Lynton attended a Multiclass coaching course on Saturday 9 February 2013 to help Ethan reach his goal.

Good luck Ethan!



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Pennants

The 2012/13 Pennant season ended with the final pennant held at Seymour last Saturday.

Congratulations to this year's winners, Mansfield. Seymour was second and Kilmore finished 3rd – well done!

We were blessed with great weather at the majority of the pennant meets. The pennants are always lots of fun and encourage team spirit and sportsmanship. It was great to see the improvement in swimmer's performances over the duration of the season.



The Yea ice-cream shop remains one of the most popular parts of pennant season!



Riley's swimming cap was just a little too tight ...



Andrew brought his own personal cheer-squad along!

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Pennants cont...

